

# SOLDIER'S heart

## Some Facts about Soldier's Heart

- Our website is [www.soldiersheart.net](http://www.soldiersheart.net)
- Soldier's Heart is a national not for profit working to heal the moral, emotional and spiritual wounds of war in our nations veterans, their families and communities. Our headquarters are in Troy, NY.
- Soldier's Heart was co-founded in 2006 by Dr. Ed Tick and Kate Dahlstedt following the release of Dr. Tick's award winning book, WAR AND THE SOUL. Its inception came in response to an outcry from both veterans and civilians across the country wishing to educate and mobilize their communities to create a positive and smooth transition for returning veterans.
- Soldier's Heart respects and values the Native American traditions and works with various nations of indigenous people to reinforce and integrate valuable warrior traditions to restore practices that serve and teach us all.
- The Soldier's Heart Women and War Project offers two support groups for women, one for female veterans and the other for female family members of vets. Both meet weekly using a toll free teleconferencing service and are facilitated by psychotherapist and Soldier's Heart co-director, Kate Dahlstedt. Contact [kate@soldiersheart.net](mailto:kate@soldiersheart.net)
- Soldier's Heart offers deep soul healing and alleviates symptoms of PTSD using a unique and comprehensive model of the Warrior's Journey, developing a new and honorable warrior identity and offering a path that transforms wounded veterans into elder spiritual warriors.
- Retreats span 4 days and are held 4 times per year in locations around the country. Participants include veterans, family members, professional healers, clergy and community members. Including civilians in retreats reflects our model which stresses the important responsibility of the community to restore balance to the sacred contract between warrior and civilian. We need each other!

- Soldier's Heart has a policy of never denying a veteran access to a healing retreat due to lack of resources. We offer community members the opportunity to give the gift of life by sponsoring a veteran to attend a healing retreat. You may donate online at [www.soldiersheart.net](http://www.soldiersheart.net)
- Soldier's Heart offers training and development to empower communities in assisting and supporting their returning soldiers and veterans from all wars.
- Soldier's Heart has developed a network of concerned citizens, institutions and organizations in every state across the country, in Canada, the UK and Viet Nam.
- Soldier's Heart has 28 Regional Contact persons around the country who work tirelessly to raise awareness and strengthen community resources and building partnerships helping to support returning soldiers as well as veterans from all wars and their families.
- Soldier's Heart Sr. Veteran Liaison, John Fisher heads the mentoring program for vets of all wars, and works tirelessly equipping communities by speaking around the country. Contact [john@soldiersheart.net](mailto:john@soldiersheart.net)
- Soldier's Heart continues to gain recognition and respect within the DOD and has been asked to present in-depth training at military installations including Ft. Knox, Ft. Hood, Altus Air Force Base, The Walter Reed Medical Center and numerous VA's across the country.
- Soldier's Heart offers a variety of ongoing, in-depth training for professionals, clergy and interested civilians; equipping them to assist veterans in their communities.
- Soldier's Heart values diversity and all cultures that support and sustain life.
- Soldier's Heart has a special relationship with the people and country of Viet Nam. We value the importance of mutuality in healing and are involved in hosting Vietnamese guests who travel to this country for the purpose of deepening understanding and building peace.
- Healing Journeys to Viet Nam and to Greece are offered 3 times per year. For more information contact us at [info@soldiersheart.net](mailto:info@soldiersheart.net)
- Soldier's Heart joined forces with the Wick Poetry Center of Kent State University in 2010 to create SPEAK PEACE a Vietnamese Children's Art Project. A powerful exhibit depicting children's response to war and hope for peace. It is currently touring this country. For a tour schedule or additional information - [www.soldiersheart.net](http://www.soldiersheart.net)