

The Freedom Care Program



Established October 1, 2007

Mission: Providing
Mental Health and
Chemical Dependency
Care for Military
Members, Veterans,
Retirees and their
Families



Freedom Care Locations:

**Denton, Wichita Falls, and El Paso
Texas; Portland, Oregon; Salt Lake
City, Utah; Phoenix, Arizona**

Who has admitted a patient into FC?

31 Army Forts

30 Air Force Bases

7 Navy Bases

6 NG Centers

6 VA Centers

3 Marine Camps

2 NATO Organizations

2 Coast Guard AS

and 4 Civilian Organizations



❖ Military clinician references available upon request.

Specialized Military Programs

Program	Locations	Evidence-Based	Patient Population	Level of Care
Combat ASD/PTSD and/or Addiction	Denton, Portland, El Paso, Salt Lake City, Phoenix	CPT/LIB, AA Steps 1-5, Chaplain	AD, Vet	Inpatient, locked
Freedom Care for Women	Salt Lake City	CPT, CBT, LIB	AD, Vet Women only allowed in program, separate unit, groups	Inpatient, locked
Detox/Addiction	Denton, Portland, El Paso, Salt Lake City, Phoenix	LIB, AA 1-5, Chaplain	AD, Vet	Inpatient, locked
Behavioral Health	El Paso	CBT	AD, Vet	Inpatient, locked
Freedom Care Extended Stay All diagnoses	All locations Open now in Denton	Recovery Model	AD	Inpatient, locked
Exclusively Women's	Denton, Portland, El Paso, Salt Lake City, Phoenix	CBT/CPT	AD, Vet, Spouse, Civ (Women only in groups/coed milieu at some locations)	Inpatient, locked
Residential Addiction	Wichita Falls	LIB	AD, Vet, Spouse, Civ	Residential, unlocked
FC Wives	Wichita Falls	LIB	Spouses (Break out group)	Residential, unlocked
FC Youth	El Paso	CPS	Military and Civ youth treated together	Inpatient, locked

Freedom Care

Clinician Administered PTSD Scale

CAPS Outcome 2010

Date range: Oct 2009 -Jun 2010

- Total patients: 101
- 30 referring military installations
- Average LOS: 36.57 days
- Gender: Male 87 Female 14

CAPS Clinical Improvement

- **CAPS Average**
 - Admission: 97
 - Discharge: 66
 - Average reduction: -31
(Clinically significant -15)
- **PCL-M: Average reduction: -38**
(Clinically significant -10)

Outcomes correlated with Clinical Severity*

CAPS Scores	Asymptomatic 0-19	Mild 20-39	Moderate 40-59	Severe 60-79	Extreme >80
Admission	0	0	2	10	89
Discharge	0	9	22	50	20

*Ref: CAPS Manual pg 16

The Freedom Care Watch Project:

Freedom Care Watch is a three-focused clinical post-discharge monitoring project designed to monitor progress and risk post-discharge.

The project doubles as an outcome measure for Freedom Care and military leaders.

The Focus of the Freedom Care Watch Project

Focus I: PTSD Symptoms using the PCL-M

**Focus II: Addiction Abstinence using the Freedom Care
Addiction Follow-up Form**

**Focus III: Suicide/Homicide Risk using the Freedom Care S/H
Risk Assessment**

A packet containing instructions, applicable forms, and a score sheet will be included in the patient records upon discharge of the patient from Freedom Care.

Military clinicians are asked to send data to Freedom Care for 30 days post discharge. Continued monitoring for MTF purposes at the discretion of the MTF.

Services for VA/Military Professionals:



- **International 24/7 Call Center**
- **6 Step Admission Process with one day acceptance**
- **Written Communication Protocol**
- **Patient and Family Welcome Packet**
- **Command Introduction Packet**

Services for Military Professionals continued:

- Automatic weekly clinical/command updates**
- Physician to physician communication regarding medications**
- Patient transportation to/from local military bases or airports**
- Discharge packet**
- Dedicated Military Liaisons**

Additional benefits

- Only combat troops attend combat groups.
- DoD medication policies adhered to.
- Key staff with military backgrounds.
- Evidence-based ASD/PTSD/Addiction and Dual Diagnosis Specialty Programs.
- Experience treating combat trauma.
- Experience treating military sexual assault.
- Physical conditioning program and equipment.



Staying in our lane- Forensic Neutrality

Mandatory Freedom Care Standards

2008 Highlight



Distance is not an obstacle for FC

Iraq, Alaska, Hawaii, Spain, Italy, Belgium, Japan, Germany,

And New York to California

Medical Evacuation, civilian airline, or ground



**Patients travel to Freedom Care
from the CONUS and overseas**

THE FREEDOM CARE PROGRAM Leadership

At the Corporate Level, Ascend Health has identified a Director over all sites and national liaisons to provide leadership to all facilities that operate a FC Program and a connection between the DoD and the FC teams.

The FC Director (AF Vet) and the Corporate VP of Clinical Standards (Navy Vet) conduct regular site visits and attend facility meetings via phone conference.

A PTSD and Suicide/Homicide Risk consultant are on contract with Freedom Care.

Each site has a separate multi-disciplinary military treatment team, program director, medical director, and dedicated attending physicians. A military only treatment team and military committee meeting are mandatory each week. The medical director in Denton serves part time as the FC Medical Director.

Contact Information

To make a referral 24/7 call
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